



Hand & Occupational Therapy

1900 Woodland Dr, Coos Bay | 541.267.5151 x1223 | nbmchealth.com

**We're here to
give you a
helping hand!**



Julie Batchelor OTR/L, CHT



Alex Csajko OTR/L, CHT



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NBMC's Hand & Occupational Therapists are an integral part of our Patient Centered Care team. We accept referrals from all providers and work with insurance companies for prior-authorizations. Appointments are readily available.

Hand therapists employ a variety of techniques and tools, including activity and exercise programs, custom orthotic fabrication, management of pain, swelling, and wound/scar care.

COMMON CONDITIONS TREATED:

Post-Surgical

- Dupuytren's, tendon repairs, crush injuries, etc.

Non-Operative/Conservative Management

- Fractures (elbow, forearm, wrist, hand, digit)
- Nerve Compression (Carpal tunnel syndrome, cubital tunnel syndrome, wrist drop)
- Lateral/Medial Epicondylitis
- General Stiffness/Weakness

- Arthritis (hand/thumb)
- Scar Management
- Desensitization/Sensory Re-education
- Ligament Injuries (sprain/strain)
- Dislocations
- Complex Regional Pain Syndrome
- Trigger Finger (stenosing tenosynovitis)
- Neurological
- Repetitive Strain Injuries

Please stop by or call us to learn more about how we can help you with patient care plans.



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