



# Insurance Payors and Contact Resources

## Medicare

**Contact Phone:** (800) MEDICARE (800-633-4227)

**Online Resources:** Medicare.gov

- Get started with Medicare
- Medicare costs
- Medicare Rights
- Handbook
- Medicare account: Medicare.gov/account/login

## Oregon Health Plan

**Contact Phone:** (800) 273-0557

**Online Resources:** Oregon.gov/oha

- Apply for Oregon Health Plan
- Log into Your Benefits
- Learn about OHP Benefits
- Find Providers
- And more...

## Advanced Health:

**Contact Phone:** (541) 269-7400 or (800) 264-0014

**24-Hour Nurse Line:** (207) 228-6527

**Online Resources:** advancedhealth.com/members

- Your Benefits
- Forms and Links
- Find a Provider
- Member Resources
- Pharmacy Info
- Behavioral Health
- And more...

## **Aetna**

**Contact Phone:** (800) US-Aetna (800-872-3862)

**Online Resources:** [aetna.com](http://aetna.com)

- Find plans
- Find a doctor
- Find a drug
- Check my benefits
- Search claims
- And more..

## **Cigna**

**Contact Phone:** (800) 244-6224

**Online Resources:** [my.cigna.com](http://my.cigna.com)

- Find a provider
- Access claim and coverage details
- Digital ID cards
- And more...

## Healthnet Wellcare

Contact Phone: (888) 802-7001

Online Resources: [wellcare.healthnetoregon.com](http://wellcare.healthnetoregon.com)

- Shop for plans
- Pharmacy Benefits
- Member Login
- Member Rights/Resources
- Plan Benefit Materials
- Find a Doctor or pharmacy
- And more.....

## **Moda Health**

**Contact Phone:** (888) 393-2940

**Contact Email:** [medical@modahealth.com](mailto:medical@modahealth.com)

**Online Resources:** [modahealth.com/members](http://modahealth.com/members)

- Member Dashboard
- Handbooks
- Preventive Services
- Summaries of benefits and coverage
- Digital ID Cards
- And more...

## **Pacific Source**

**Contact Phone:** (888) 977-9299

**Contact email:** [CS@PacificSource.com](mailto:CS@PacificSource.com)

**Online Resources :** [pacificsource.com](http://pacificsource.com)

- Print ID Card
- Plan Information
- Getting Care
- Healthy Resources
- Prescription Drug Information
- Intouch for Members
- And more....

## **Providence:**

**Contact Phone:** (800) 878-4445

**Online Resources:** [providencehealthplan.com](http://providencehealthplan.com)

- Find a provider
- MyProvidence
- Member Forms and Notices
- Pharmacy Resources
- And more...

**Regence Blue Cross Blue Shield:**

**Contact Phone:** (888) 675-6570

**Online Resources:** [regence.com/home](http://regence.com/home)

- How to pick a plan
- Find a doctor
- Find care
- News and updates
- View forms and documents
- Member Notices
- And more..

**United Health Care:**

**Contact Phone:** (866) 801-4409

**Online Resources:** [uhc.com](http://uhc.com)

- Choosing a doctor
- Member ID card
- Pharmacy benefits
- Member Sign-in
- And more...

**Veterans Choice/Community Care Network:**

**Contact Phone- Roseburg VA:** (541) 440-1000

**Online Resources:** [va.gov](http://va.gov); [va.gov/roseburg-health-care/](http://va.gov/roseburg-health-care/)

**Preventative Care Benefit Resources:** [healthcare.gov/coverage/preventive-care-benefits](http://healthcare.gov/coverage/preventive-care-benefits)

**Healthcare Marketplace Resources:** [healthcare.gov](http://healthcare.gov)